

| <b>TRAINING TOOL: BABY/CHILD NUTRITION QUESTIONS (6-23 months)</b><br><b>(DRAFT)</b><br><b>MEDICAL/BREASTFEEDING #1-3</b>  |  |  | FOR ELIGIBILITY PURPOSES  |
|--|--|--|---|
| Baby's/Child's Name: _____   |  |  | ISIS RISK CODES   |
| <p>Please circle or write your answers to the following questions.</p> <p><b>NOTE: Questions 2, 3, 4, 5, 6, 7, 8, 9 and 10 are mandatory and should be answered.</b></p> <p><b>1. What month is your baby's/child's next doctor's appointment? _____</b><br/> <b>(Reason for asking question)</b></p> <ul style="list-style-type: none"> <li>♦ Verify regular medical care: <ul style="list-style-type: none"> <li>• Prevention: early detection of health problems</li> <li>• Monitoring growth and development</li> <li>• Timely immunizations</li> </ul> </li> <li>♦ Make referral if necessary</li> </ul> <p><b>(Probing questions)</b></p> <ul style="list-style-type: none"> <li>♦ What problems/concerns did your baby have at birth?</li> <li>♦ How often does your child see the doctor?</li> <li>♦ Do you know if your child is up to date with immunizations?</li> <li>♦ What special doctor does your child see?</li> </ul> <p><b>2. How do you know when your baby/child is ready to eat? _____</b><br/> <b>(Reason for asking question)</b></p> <ul style="list-style-type: none"> <li>♦ Discuss signs of readiness with parent</li> <li>♦ Discuss age appropriate foods</li> </ul> <p><b>(Probing questions)</b></p> <ul style="list-style-type: none"> <li>♦ What is your child able to do now?</li> <li>♦ How is your baby holding his head up? Can he sit up with support?</li> <li>♦ Does your baby make side to side chewing motions with her jaw?</li> <li>♦ What does he do when you put food in his mouth?</li> <li>♦ How does your baby react when she sees a toy or bottle in front of her?</li> </ul> <p><b>How do you know when your baby/child is full? _____</b><br/> <b>(Reason for asking question)</b></p> <ul style="list-style-type: none"> <li>♦ Help to avoid underfeeding or overfeeding</li> <li>♦ Mealtimes are more pleasant when there's no force feeding</li> <li>♦ Help to prevent poor eating habits and obesity</li> <li>♦ Encourage healthy eating habits</li> </ul> <p><b>(Probing questions)</b></p> <ul style="list-style-type: none"> <li>♦ How long does it take your baby to finish a feeding?</li> <li>♦ What does your baby usually do after a feeding?</li> </ul> <p><b>3. If you breastfeed your baby/child:</b><br/> <b>How many times in 24 hours do you breastfeed? _____</b><br/> <b>(Reason for asking question)</b></p> <ul style="list-style-type: none"> <li>♦ Frequency of breastfeeding helps to show whether baby is getting enough breastmilk</li> <li>♦ Helps you to encourage breastfeeding</li> </ul> <p><b>(Probing questions)</b></p> <ul style="list-style-type: none"> <li>♦ How much time passes before you breastfeed again?</li> <li>♦ Are you feeding baby any other foods or liquids?</li> </ul> <p><b>How is breastfeeding going? 1 (not good) .....2.....3.....4.....5 (great)</b><br/> <b>(Reason for asking question)</b></p> <ul style="list-style-type: none"> <li>♦ Lets mom express her feelings about her breastfeeding experience. Lets you explore her challenges and support her successes</li> </ul> <p><b>(Probing questions)</b></p> <ul style="list-style-type: none"> <li>♦ Do you look for signals from your baby or do you follow a schedule? Tell me more ...</li> </ul> |  |  | <p><b>Question 2</b><br/> <b>D10-D92 Dietary Risks</b><br/> <b>D95 Inappropriate Feeding Practices</b><br/> <b>D97 Early Introduction of Solids into Daily Diet</b><br/> <b>D98 Delay Solids</b><br/> <b>D101 Inadequate Formula/ Breastmilk</b></p> <p><i>D10-D92, D95, D97, D98, &amp; D101 will be deleted Feb/Mar 2006 &amp; replaced by:</i><br/> <b>D411 Inappropriate Nutrition Practices for Infants</b><br/> <b>D425 Inappropriate Nutrition Practices for Children</b><br/> <b>D428 Dietary Risk Associated With Complementary Feeding Practices</b></p> <p><b>Question 3</b><br/> <b>C201-Breastfed Infant with Suck Problems</b><br/> <b>C209 Infant with Difficulty Latching on Mother's Breast</b><br/> <b>C210-Infrequent Breastfdg as Sole Source of Nutrients</b><br/> <b>D101- Inadequate Formula/ Breastmilk</b></p> |
| <b>Suggested Education Materials</b><br><b>Feeding Your Baby 6-12 Months</b><br><b>How to Prepare Formula</b><br><b>Breastfeeding Handouts</b><br><b>Feed Me Age 1-3</b>   |  |  |   |
| <b>Time for a Cup</b><br><b>Making Your Own Baby Food</b><br><b>Playing With Your Baby</b><br><b>Playing With Your Toddler</b>   |  |  |   |
| <b>Healthy Choices for Kids</b><br><b>Tips for Picky Eaters</b><br><b>Help Me Be Healthy 1-2 Years</b>   |  |  |   |

| <b>TRAINING TOOL: BABY/CHILD NUTRITION QUESTIONS (6-23 months)</b><br><b>(DRAFT) FORMULA/BOTTLE/CUP #4-5</b>   | <b>FOR ELIGIBILITY PURPOSES</b><br><b>ISIS RISK CODES</b>   |
|--|---|
| <p><b>4. If you feed your baby/child formula:</b><br/> <b>How often does your baby/child take a bottle of formula?</b> _____<br/> <b>How many ounces of formula does your baby/child drink at a feeding?</b> _____<br/> <b>(Reason for asking questions)</b><br/>           ♦ Helps you assess if parent is over- or underfeeding child<br/> <b>(Probing questions)</b><br/>           ♦ IF COMBO FEEDING, what are your reasons for using formula?<br/>           ♦ What size bottle do you give? How full do you make the bottle?<br/>           ♦ How much is left when your child is done?</p> <p><b>What brand of formula do you give your baby/child?</b> _____<br/> <b>(Reason for asking question)</b><br/>           ♦ Helps you know if parent is feeding an appropriate formula, and may also show a medical condition (if a medically-necessary formula is used)<br/> <b>(Probing questions)</b><br/>           ♦ [LIST BRANDS, STARTING WITH WIC CONTRACT BRANDS]<br/>           ♦ Do you remember what the label looks like?<br/>           ♦ Can you find it in these photos (or this display)?</p> <p><b>Explain how you make the formula.</b> _____<br/> <b>(Reason for asking question)</b><br/>           ♦ Asking about preparation is required for all infants and children using formula. Lets you discuss proper preparation and sanitation<br/> <b>(Probing questions)</b><br/>           ♦ Tell me how you make the formula one step at a time.<br/>           ♦ Do you buy additional cans of formula? How many?</p> <p><b>How is formula feeding going? 1 (not good) .....2.....3.....4.....5 (great)</b><br/> <b>(Reason for asking question)</b><br/>           ♦ Lets parent express feelings about the feeding experience, and lets you explore challenges (such as formula intolerance and difficult feeders) and support successes<br/> <b>(Probing questions)</b><br/>           ♦ Is there anything you want to talk about regarding formula?"</p> <p><b>5. If your baby/child uses a bottle or a cup:</b><br/> <b>Where are all the places your baby/child takes a bottle or a cup?</b> <b>Bed</b> <b>Stroller</b> <b>Car Seat</b><br/> <b>Held in someone's arms</b> <b>High-Chair</b> <b>Holds his/her own bottle</b> <b>Other (list)</b> _____<br/> <b>(Reason for asking question)</b><br/>           ♦ Helps you assess for the parent's attachment or detachment when feeding by bottle. Opens a dialogue about holding and interacting with baby/child when feeding, and how important this is for growth and development. Can also point to unsafe feeding practices<br/> <b>(Probing questions)</b><br/>           ♦ Tell me about how long your baby or child takes the bottle in the _____?</p> <p><b>What does your baby/child drink from a bottle or a cup?</b><br/> <b>Water</b> <b>Rice Water</b> <b>Hi-C/Punch</b> <b>Coffee</b> <b>Breastmilk</b><br/> <b>Water with Sugar</b> <b>Cereal</b> <b>Soda</b> <b>Tea</b> <b>Formula</b><br/> <b>Water with Honey</b> <b>Skim Milk</b> <b>Lemonade</b> <b>Manzanilla/Chamomile Tea</b><br/> <b>Water with Karo Syrup</b> <b>Lowfat Milk</b> <b>Juice</b> <b>Pedialyte</b><br/> <b>Jell-O Water</b> <b>Whole Milk</b> <b>Gatorade</b> <b>Other</b> _____</p> <p><b>(Reason for asking question)</b><br/>           ♦ Lets you talk about appropriate fluids for bottle. Helps you learn about inappropriate fluids, feeding solids in bottle, honey and other sweeteners<br/> <b>(Probing questions)</b><br/>           ♦ (If inappropriate), What made you think of trying that? How is that working for you?</p> | <p><b>Question 4</b><br/> <b>C111</b> Lactose Intolerance<br/> <b>D101</b> Inadequate Formula/Breastmilk<br/> <b>D103</b> Improper Dilution of Formula<br/> <b>D105</b> Lack of Sanitation in Prep &amp; Handling of Nursing Bottles<br/> <b>D121</b> Infant of Primary Caregiver with Limited Ability to Make Feeding Decisions &amp;/or Prepare Food</p> <p><i>D10-D92, D95-D98, D101-D105, &amp; D107 will be deleted Feb/Mar 2006 and replaced by:</i><br/> <b>D411</b> Inappropriate Nutrition Practices for Infants<br/> <b>D425</b> Inappropriate Nutrition Practices for Children<br/> <b>D428</b> Dietary Risk Associated with Complementary Feeding Practices</p> <p><b>Question 5</b><br/> <b>C89</b> Food Allergies<br/> <b>C111</b> Lactose Intolerance<br/> <b>D95</b> Inappropriate Feeding Practices<br/> <b>D96</b> Inappropriate Use of Baby Bottles<br/> <b>D97</b> Early Intro Solids into Daily Diet<br/> <b>D98</b> Delay Solids<br/> <b>D100</b> Vegan or Highly Restrictive Diets<br/> <b>D104</b> Feeding other Foods Low in Essential Nutrients<br/> <b>D107</b> Feeding Cow's Milk as Primary Source of Milk in First 12 Mths</p> <p><i>D100 will be deleted Feb/Mar 2006 and replaced by:</i><br/> <b>D402</b> Vegan Diet or Highly Restrictive</p> |

| TRAINING TOOL: BABY/CHILD NUTRITION QUESTIONS (6-23 MONTHS)<br>(DRAFT)<br>COMPLEMENTARY FEEDING #6-9   |  |  |  |  | FOR ELIGIBILITY<br>PURPOSES<br>ISIS RISK CODES  |
|--|--|--|--|--|---|
| 6. What do you feed your baby/child? Family/Table Food Baby Food in Jars Both None<br>(Reason for asking question)<br>♦ Shows stage of development/readiness<br>♦ Lets you discuss guidelines for preparing foods, and appropriate foods for different stages of maturity<br>(Probing questions)<br>♦ Tell me how your baby or child eats. Can she feed herself?<br>♦ Who else feeds your child besides you?<br>♦ At what age did you start giving your baby solid foods?<br>♦ (Family food) What types? How is it prepared? How much and how often?   |  |  |  |  | Question 6<br>C72 Developmental Delays<br>D10-D92 Dietary Risks<br>D95 Inappropriate Feeding Practices<br>D98 Delay Solids<br>D100 Vegan or Highly Restrictive Diets  |
| 7. Which textures of food do you feed your baby or child?<br>Pureed Chunky Chopped Soft Pieces Other _____<br>(Reason for asking question)<br>♦ Helps start dialogue about appropriate textures for stage of readiness/maturity/normal growth and development<br>(Probing questions)<br>♦ How does your child prefer his food?<br>♦ What is hard for your child to chew or swallow?<br>♦ How does your child react to lumpy foods?   |  |  |  |  | Question 7<br>C72 Developmental Delays<br>D95 Inappropriate Feeding Practices   |
| 8. What foods does your baby/child eat?<br>Cold/Hot Cereal Beef/Chicken/Fish Fruits Yogurt Crackers<br>Rice Eggs Yolks Whites Vegetables Ice Cream Candy<br>Noodles/Spaghetti Peanut Butter Beans Pudding/Custard Nuts<br>Tortillas Meat Sticks Soup Popsicles Popcorn<br>Bread/Toast Hotdogs Cheese Raisins Cookies<br>French Fries Chips Tofu Other (list) _____ Honey<br>(Reason for asking question)<br>♦ Gives you an idea of baby or child's food intake, appropriate or inappropriate introduction of solids, including allergenic foods<br>♦ Lets you discuss good nutrition, balanced meals with variety of foods<br>♦ Lets you discuss introduction of appropriate foods according to development/readiness<br>(Probing questions)<br>♦ How often does your child eat with the family?<br>♦ What kinds of fruits and vegetables does your child eat? |  |  |  |  | Question 8<br>C89 Food Allergies<br>D95 Inappropriate Feeding Practices<br>D97 Early Intro of Solids into Daily Diet<br>D100 Vegan or Highly Restrictive Diets<br>D104 Feeding other Foods Low in Essential Nutrients<br>D107 Feeding Cow's Milk as Primary Source of Milk in First 12 Months   |
| 9. My baby/child uses the following: Breast Bottle Cup Spoon Fork Fingers<br>(Reason for asking question)<br>♦ Lets you discuss appropriate use of bottle, weaning to cup, self-feeding, growth and development<br>♦ Lets you encourage mom to continue breastfeeding<br>(Probing questions)<br>♦ What can your baby or child feed herself?  |  |  |  |  | Question 9<br>C72 Developmental Delays<br>D96 Inappropriate Use of Baby Bottles<br><br>D10-D92, D95-D98, D100-D105, & D107 will be deleted Feb/Mar 2006 and replaced by:<br>D402 Vegan Diet or Highly Restrictive<br>D411 Inappropriate Nutrition Practices for Infants<br>D425 Inappropriate Nutrition Practices for Children<br>D428 Dietary Risk Associated with Complementary Feeding Practices |

| TRAINING TOOL: BABY/CHILD NUTRITION QUESTIONS (6-23 months)<br>(DRAFT)<br>HEALTH/OTHER #10-13     |  | FOR ELIGIBILITY<br>PURPOSES<br>ISIS RISK CODES  |
|---|--|---|
| 10. I give my baby/child:    Vitamins    Fluoride    Iron Drops    Medicine    None    Other_____ |  | <u>Question 10</u><br>D102 No Routine Age-Appropriate Source of Iron after 4-6 months<br>C108 Inadequate Vitamin Mineral Supplementation<br>C109 Inappropriate or Excessive Intake of Dietary Supplements<br><br><u>Question 11</u><br>C80 Gastro-Intestinal Disorders<br>C89 Food Allergies<br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br><br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